



# Seal Beach Host Lions Club

The Growl Seal Beach, California, U.S.A.

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Dec. 2009

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**2nd V.P.**

Jackie Maloney

**3rd V.P.**

Gail Hubbard

**Immediate Past**

**President:**

Ray Longoria

**Board of Directors:**

Al Chavez, Lorraie Chavez,  
Scott Newton, Barbara  
Wright, Barbara Avakian,  
Christine Craig, Jacqui  
Howes, Bruce Gormley, Dave  
Hubbard

**Tail Twister:**

Brad Barras

**Lion Tamer:**

Michael Bronfenbrenner

**Membership Director:**

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## President's message:

As I write this message, the Thanksgiving weekend is coming to an end. There have been football games to watch, food to enjoy and friends to visit.

In many ways the month of November was a lot like the Thanksgiving holiday for Seal Beach Lions. We were visiting fellow Lions, renewing old friendships and starting new ones.

On November 9th club members cooked up a Salisbury Steak Dinner at Ronald McDonald House. Lion Barbara Avakian and her crew should be congratulated on putting together a great dinner for the guests at Ronald McDonald House.

On November 8th, Lion Zone Chairperson Karen Russell along with 11 other Lions attended the Diamond Bar Cabinet meeting. It should be noted that our club had the largest representation (12) at the meeting. Our Membership Chairman Dave Hubbard gave a great talk on membership growth and retention at the meeting.

On a more serious note, Lion Barbara Abramovitz is suffering from stage four cancer. Lion

Barbara had surgery on her back to remove the cancer and is recovering from the surgery but at the time of this writing she is flat on her back and needs assistance in getting to her treatments. I want to acknowledge Lion Nicky (one of our newest Lions) for donating one week of her time to help Lion Barbara. Lion Nicky has given new meaning to the Lion motto "We Serve." Excellent job Lion Nicky.

Next month brings us to the Christmas Season and there are several ways for Lions to make this holiday season one to remember. Lion Barbara Wright will be running the Christmas Tree Lot at Gamal Lumber on Dec 7th and 14th. 5 PM to 9 PM.

On December 4th the Annual Seal Beach Holiday Parade will be held. Members should contact Lion Scott to help out in the parade preparation. On December 12th there is Breakfast with Santa (see Lion Juliette), Casa (see Lion Scott) and our annual Christmas Party that evening (see Lion Christine).

One final item for December meeting, it is time to vote for this years Melvin Jones recipients. This year the club will honor four members. Remember this is the highest award a Lion can receive. If you need a ballot for the next meeting contact Lion Bruce Gormley.

In closing, I would like to wish all my fellow Lions a Merry Christmas and a Happy New Year.

Yours in Lionism

Lion Gary

**Meeting schedule:** First and Third Wednesday of the month. Meetings begin at 7pm sharp and are held at 'The Lone Star SteakHouse', 6575 E. Pacific Coast Highway, Long Beach

**E-mail:** [President@SealBeachLions.com](mailto:President@SealBeachLions.com) - [Secretary@SealBeachLions.com](mailto:Secretary@SealBeachLions.com) - [Treasurer@SealBeachLions.com](mailto:Treasurer@SealBeachLions.com)

More information & updates at - <http://SealBeachLions.com>



## Club Calendar

**Dec 2 - Regular Meeting - Lonestar Restaurant**

**Dec 4 - Seal Beach Christmas Parade**

**Dec 7 & 14 - Youth Center Tree Lot**

**Dec 12 - CASA/Pancake Breakfast**

**Dec 12 - Christmas Party, \$50 per person**

**Dec 15 - Fullerton Host Visitation**

**Jan 16 - Melvin Jones Award Dinner**

**Feb 17 - Student Speaker Contest**

**Feb 26-March 1 - Carnival Cruise/Ensenada Visitation, \$310pp**

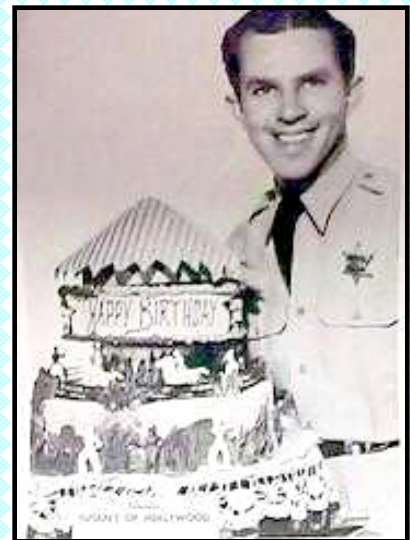
**Ronald McDonald House Scheduled Dinners**

**December 17, 2009**

**March 17, 2010**

## Happy Birthdays to:

Margie Garcia	12/3
Bruce Gormley	12/3
Mary Newton	12/3
Nick Bolin	12/5
Gloria Souders	12/13
Biff Horvatin	12/19
Geri Eckner	12/20
Scott Newton	12/21





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Our "Lion Chefs" served a scrumptious dinner at the **Ronald McDonald House in Orange** on December 16th. It was the first of the season.

The meal consisted of delicious Angus Salisbury steak with mushroom gravy and, of course, mashed potatoes. A beautiful salad and brownie bites finished off the dinner affair.

Seal Beach Lions taking part in this act of love were Barbara Avakian, Nancy Herbert, Bonnie Milan, Steve Louis and Gary Denni.

The comfort food was well received by the residents at Ronald McDonald House.

One of the residents was overheard telling her son, "You got just what you wished for!"

Everyone left with a good feeling for the good they brought to these dear people at a difficult time in their lives.

Thursday, December 17, 2009, will be our next turn at serving dinner. New Lion member Bijan Noor is signed up as Organizer Chef. He is going to be assisted by Lions Steve Louis, Linda Stephenson, Christine Craig, Dominic Gianetti and Jackie Maloney. Bring it on, men!

NOTE: We have found the ovens to be unreliable in their nice kitchen. We will see if the situation can be remedied before the next adventure.



Seal Beach Lions enjoyed **visiting the Newport Mesa Lions** at the Chicken Coop Restaurant in Newport Beach. Pictured are Lions Gary Denni, Mary Newton, Jackie Maloney, Mike Maloney, Newport Mesa President Raul Jara, Dave Hubbard, Bob Heenan, Nikki Illingworth, and Allyn Mattox.



More information & updates at - <http://SealBeachLions.com>



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It's that time again! Time to nominate all the hard-working Lions for the annual **Melvin Jones Award for the 2009-2010 year.**

Melvin Jones was the founder of the Lions Club.

Each award contributes \$1,000 to Lions Club International Fund.

It is the highest award a Lion can receive. It is given to Lions who are enthusiastic, involved, have good attitudes, and have the ability to communicate ideas.

To be eligible, a Lion must be a member for a year and one day.

Last year's winners are not eligible. Those winners are Bill Howes, Bruce Ghormley, Mike Galipeo, Gary Denni, Scott Newton and Ray Longoria.

All Seal Beach Lions are requested to get your nominations in to Lion Bruce Ghormley as soon as possible. The Melvin Jones Dinner will be January 16, 2010.



At the November 18th Meeting at Lone Star Restaurant Seal Beach Lions enjoyed a presentation from **Theresa Powell, Manager of Volunteer Services at Community Senior Serv.**

Powell is the Manager of Volunteer Services and asked our club to help in the community, especially with the delivery of Meals on Wheels.

Her program provides a senior lunch program, home delivered meals, adult day care, case management and a friendly visitor program. It has been in existence for 40 years and provides services to 1,100 clients and homebound senior citizens.

There are lunches provided at 27 senior centers. Seniors are asked to donate \$2.50 per meal, but only need to pay what they can afford. The average amount paid for a meal is \$1.65. For many seniors, this is the only meal they eat in a day.

Community Senior Serv has a follow-up program with social workers known as "friendly visitors" to visit homebound seniors also.

There are also three adult day care centers in Anaheim, Santa Ana and Buena Park where seniors can come for mental stimulation and companionship.

Volunteers are currently needed in the Seal Beach area to deliver meals to homebound senior citizens. There are 12 people on the waiting list who cannot receive meals, because there is no one to deliver them.

Powell is requesting volunteers be available from 10:30 am to 12:00 pm one day a week or be on standby for people who go on vacation. There are ten stops on a route.

Volunteers are provided with a ride-along on the first trip to help them find their way to their destinations.

Holiday Gifts to the Homebound is a new program that Powell is also starting. Many of the seniors are forgotten or alone at the holidays. A small gift that is donated may be the only gift these seniors receive.

She requested donations of goody bags, decks of cards, holiday tablecloths and centerpieces.

If you are interested in helping, contact Powell at 714-229-3349 or [volunteer@communityseniorserv.com](mailto:volunteer@communityseniorserv.com).

Volunteers are subject to a criminal background check.



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**Lion Mike Maloney wants to buy YOU a Dairy Queen!  
Come to a visitation!**



Lion Nikki Illingworth receives her Proud Lion award at the November 18 meeting at the Lone Star Restaurant.



More information & updates at - <http://SealBeachLions.com>



## Seal Beach Lions visited the Harbor-Mesa Lions on November 2nd.



The Seal Beach Lions once again sponsored the **annual Peace Poster Contest**. This year's theme was "The Power of Peace."

Oak Middle School participated with 96 students and McAuliffe Middle School participated with 25 students entering posters to total 121 total participants.

First place winners were awarded a check of \$50 and runner-ups received \$10.

The first place winner at Oak Middle School was Kendal Jabing. Runner-ups were Conno Sebo and Ally Miller.

The first place winner at McAuliffe Middle School was Sarah Seo and the runner-ups were Maggie Loesch and Michelle Lewis.

Karen Russell was the chairperson of the contest.

Seal Beach Lions had an extraordinary presence at the **November 8 Cabinet Meeting** at the Diamond Bar Country Club. Pictured are Lions Eugene and Christine Craig, Nikki Illingworth, Steve Louis, Renee' Schulte, Dave Hubbard, Bruce Ghormley, and Gail Hubbard.





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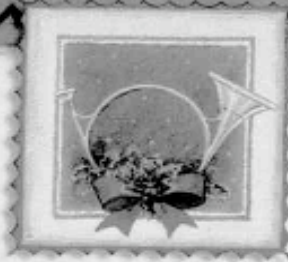
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## SEAL BEACH LIONS CHRISTMAS PARTY 2009

THEME: "HOLIDAY CELEBRATIONS"

DATE: DECEMBER 12, 2009

TIME: 7:00 P.M.

PLACE: KRISTINE ALBERTALLI  
4909 LIDO SANDS DR.  
NEWPORT BEACH, CA 92663  
949-631-0121

FOOD: FABULOUS STONEFIRE GRILL

ENTERTAINMENT: FEATURING TONY

ACTIVITIES: HOLIDAY TRADITIONS – DOOR PRIZES

TRANSPORTATION: BUS AVAILABLE

COST: \$50.00/PER PERSON (ALL INCLUSIVE)

SPECIAL EVENTS: DON'T MISS THE SPECIAL HOLIDAY  
TOAST – HO! HO! HO!

DEADLINE: DECEMBER 3, 2009 MONEY DUE ASAP

KRISTINE – 510-612-8577 [hwchay@aol.com](mailto:hwchay@aol.com)

JACQUI - 562-596-5263 [jmhowes@hweckhardt.com](mailto:jmhowes@hweckhardt.com)



## Happy Christmas To All!

By Allyn Mezin Mattox

One of my favorite talk show hosts to listen to is Dennis Prager on radio station 870 FM. Every Friday he has a segment he calls "The Happiness Hour."

In this segment he talks about how it is our "duty" to be happy and how we should try to make the world a better place to live.

In his book entitled Happiness, Prager also talks about a theory he has called "The Missing Tile Theory."

Prager explains that the ceiling in his office is made up of many acoustic tiles. There is one tile missing. Every time he looks at the ceiling, he notices that one tile missing.

He explains that unhappiness is similar to this.

We may have many good things in our lives, but there may be one thing missing that we tend to dwell on.

We concentrate on what is missing instead of what we have.

If we change our focus to concentrate on how much we have and we see that maybe just a small thing is missing from our life, we can live happier lives.

At Christmastime, many of us get caught up in the hustle and bustle of shopping. There is not enough time to do everything we need to do. Before we know it, the holidays are over, we have gained ten pounds and it is time to pay bills and go on a diet.

There are people in our community who aren't as fortunate as many of us.

The holidays bring feelings of loneliness and despair to many.

Our Christmas parade on December 4th or the Breakfast with Santa on December 12th may be the only Christmas celebration some people experience.

As Lions, we can reach out into our community and make this time of year a better experience.

The Lions who served dinner at the Ronald McDonald House on November 16 got a first hand feel of the gratitude people feel when a hand is extended to help.

The CASA Youth Shelter children are so touched when they receive the Christmas gift bags they receive from us, total strangers, at Christmastime.

I personally was touched by the kindness of a Lion. Lion Carol Linehan, who reached out to me after the death of my husband, Lion Scot Mattox, asked me to come to the Student Speaker Contest. Scot was supposed to be the chairman of this event, but he was too ill.

Carol thoughtfully invited me to come. She invited me to come to a meeting later, too. I felt welcomed by the Seal Beach Lions, who loved my husband, and I ended up becoming a Lion myself.

Every person has a tile missing in his or her life. We, as Lions, can be the tiles that are still up there on that ceiling. We can help make someone's life a little easier.

As Christmas approaches, we Lions should watch for someone whose ceiling needs a little repair and extend a Lion's hand of help.

As Prager says, it is our duty to make the world a better place and, in doing so, that person may be a little happier and so will we.

**MERRY CHRISTMAS AND HAPPY NEW YEAR!**





Once again, The Washington Post has published the **winning submissions** to its yearly **neologism contest**, in which readers are asked to supply alternative meanings for common words.

The winners are:

1. Coffee (n.), the person upon whom one coughs.
2. Flabbergasted (adj.), appalled over how much weight you have gained.
3. Abdicate (v.), to give up all hope of ever having a flat stomach.
4. Esplanade (v.), to attempt an explanation while drunk.
5. Willy-nilly (adj.), impotent.
6. Negligent (adj.), describes a condition in which you absentmindedly answer the door in your nightgown.
7. Lymph (v.), to walk with a lisp.
8. Gargoyle (n), olive-flavored mouthwash.
9. Flatulence (n.) emergency vehicle that picks you up after you are run over by a steamroller.
10. Balderdash (n.), a rapidly receding hairline.
11. Testicle (n.), a humorous question on an exam.
12. Rectitude (n.), the formal, dignified bearing adopted by proctologists.
13. Pokémon (n), a Rastafarian proctologist.
14. Oyster (n.), a person who sprinkles his conversation with Yiddishisms.
15. Frisbeetarianism (n.), (back by popular demand): The belief that, when you die, your soul flies up onto the roof and gets stuck there.
16. Circumvent (n.), an opening in the front of boxer shorts worn by Jewish men.



Stupid computer  
keeps saying  
"you got mail"





## Seal Beach Lions Club Board Meeting Minutes November 4th, 2009

I. Call to Order: 7:52 pm

Roll Call: The following Board members were in attendance: Lions Barbara Avakian, Christine and Eugene Craig, Gary Denni, Bruce Gormley, Dave and Gail Hubbard, Scott Newton and Renee Schulte. Excused Board members: Mike B. Al and Lorraine Chavez, Allyn Mattox, Ray Longoria, Jackie Maloney, Barbara Wright, Jacqui Howes and Brad Barras. The following non Board members were in attendance: Lions Bob Heenan, Carol and Dewey Linehan, Steve Louis and Robin Alexander. Guests in attendance: Tom Duszynski and Bijan Noori.

Remarks by the President: Guests Tom Duszynski and Bijan Noori were invited and accepted into the Seal Beach Lions pending application and dues submittal.

Reading and Approval of the Minutes: M/ S/ Carried

V. Reading and Approval of the Treasurer's Report:

Lion Treasurer Gene presented detailed accounting of the Club's accounts. Motion to accept documents M/Lion Dave/S/Lion Bruce/C

Taxes Lion Michael G. briefly summarized the recent correspondence with the State Franchise Board, IRS in addition to our accountant's activities. Club is currently awaiting responses from the Federal and State agencies.

Steering Committee: Lions Mike G, George D., Jacque H., Gene, Carol L., Mike B., and Gary. Lion Carol Lineman presented on behalf of the Steering Committee their review of past and projected charitable giving and a detailed spreadsheet by agency/past donations/suggested donations by month for the 2009-2010 fiscal giving. After lengthy consideration, the Board, with the Steering Committee's support, approved through December donations to designated charities, with an another review to occur in January 2010.

Membership Delinquent Dues: no report

John Spencer: Lion President Gary/Former Lion John Spencer is ill and is requesting financial assistance (\$500). Tabled.

VII. Motion to Adjourn Lion Scott/Second Barbara A. /Carried 9:22 PM



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## Seal Beach Lions Club General Meeting Minutes November 4th, 2009

- I. Call to Order: 7:00 pm  
 Pledge of Allegiance: Lion Nikki  
 Invocation: Lion Bonnie  
 City of Hope Prayer: Lion Carole H.  
 Lions Song: Lion Dewey
- II. Introduction of Guests: Bijan Norri/Lion Steve Louis, Tom Duszynski/Lion Robin Alexander
- III. Announcements & Correspondence: Lions Gary and Renee reported and sent around the "Something of Interest" File which included other Lion's club announcements and thank you notes.
- Wrap up Reports:
- A. Catalina Trip: Lion Dave reported on the October 23rd-25th Catalina visitation to the Avalon Lions. About twenty Seal Beach Lions and guests visited with the Lions Avalon President David Ashleigh. Everyone enjoyed themselves (some more than others). Thank you Lions Juliette/Dave for hooking us up once again.
- Mc Gaugh Carnival: PDG Lion Ellen gave her report on the success of the annual McGaugh School Carnival. Approximately 17 Seal Beach Lions and Leos volunteered and served over 600 hotdogs and hamburgers by 1 pm. Lion Ellen donated a lot of rental equipment from Harbor Party Rentals to help assist us in this service project.
- Committee Reports:
- Second Cabinet Meeting/ November 8th, 2009, Diamond Bar Country Club: Lion Zone "C" Chairperson Karen Russell indicated the following Seal Beach Lions have registered to attend: Patti W., Karen Russell, Dave and Gail Hubbard, Gary Denni, Bonnie, Carol Linehan, Gene and Chris Craig, Steve Louis, Renee, Nikki and Bruce.
- Seal Beach Holiday Parade/December 4th: Lion Scott needs several Lions to coordinate the line up and start up processes. Leo President Shana Denny will be the Junior Grand Marshall !
- Breakfast with Santa/CASA/December 12th: Lions Scott and Juliette indicated that the presents are being taking care of and Santa's chair will be donated for the day by Lion Bill Howes.
- Christmas Party/December 12th, 7:00 pm Details spelled out in Flyer.
- Christmas Tree Lot/December 7th and 14th: Lion Barbara Wright needs volunteers between 5-9 pm on those days. Sign up sheet to be sent around.
- Student Speaker Contest/February 17th, 2010: Lion Patti will be meeting with the Los Alamitos advisor to facilitate this contest.
- White Cane: Lion Gail will have White Cane jars at the Pancake Breakfast?
- Signage: Lion Kristine/pending
- Visitations/Ronald McDonald House: Lion Jackie Maloney detailed the upcoming visitations for the month of November. Meet at Coaches to carpool with an after meeting visit to Dairy Queen. Ronald McDonald House arrangements being finalized—Nov. 9th, Dec. 17th, Jan. 11th and March 19th suggested.
- Other Business:
- Peace Poster Contest/Lion Karen: Lion Barbara Wright to assist with the judging on Saturday at Oak Middle School.
- VII. Dinner 7:21 pm  
 Resume Meeting 7:31 pm  
 Mystery Lion: Lion Dewey  
 Treasure Chest: Lion Bruce—all LOSERS
- C. Tail Twister: Lion David Hubbard—Lion Renee was the only one to be FINED!!
- IX. Adjourn Meeting 7:48 pm

Respectively Submitted: Lion Secretary, Renee Schulte



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## Seal Beach Lions Club General Meeting Minutes November 18th, 2009

- I. Call to Order: 7:00 pm
- Pledge of Allegiance: Lion Mike Haley
- Invocation: Lion Gary Snow
- City of Hope Prayer: Lion Judy O'Neill
- Lions Song: Lion Dewey

II. Introduction of Guests: Program speaker Theresa Powell/Community Senior Serv/Lion Gail Hubbard.

III. Announcements & Correspondence: Lions Gary and Renee reported and sent around the "Something of Interest" File, which included other Lion's, club announcements/newsletters, the GROWL, MMR's and thank you notes. Lion President Gary presented Lion Nikki with her PROUD LION AWARD and commended her on her generous offer in home care support (through her business) of Lion Barbara (Rancho Cucamonga Community Lions) battle with cancer.

Wrap up Reports:

Cabinet Meeting: Lion Zone "C" Chairperson Karen Russell reported on the successful participation from our Club at this Cabinet Meeting (our Club was the most represented!!)

Peace Poster Contest: Lion Karen also reported on the "Power of Peace" Contest in which we had 96 and 25 students participating from Oak and McAuliffe Schools respectively. Lion Barbara Wright acted as one of the judges.

V. Committee Reports

Seal Beach Holiday Parade/December 4th: Lion Bruce/Scott needs several Lions to coordinate the line up and start up processes. We will need a pop-up & signage to further identify the registration area to ease the process. This year we have over 3,000 participants & 90 entries--the most ever!!

Breakfast with Santa/CASA/December 12th: Lion Steve to pick up the Santa throne from Lion Bill.

Christmas Party/December 12th, 7:00 pm Details spelled out in flyer. Please get money in ASAP to Lion Jacqui Howes.

Christmas Tree Lot/December 7th and 14th: Lion Barbara Wright needs volunteers between 5-9 pm on those days. Sign up sheet passed around.

Student Speaker Contest/February 17th, 2010 Mary Wilson Library.

Signage: Lion Kristine/no report

Visitations/Ronald McDonald House: Lion Jackie Maloney detailed the upcoming visitation December

15th/Fullerton Host. Meet at Coaches to carpool with an after meeting visit to Dairy Queen. Lion Barbara A. said the most recent Ronald McDonald House dinner served 45 people a Salisbury steak dinner and was a complete success. Next dinner, Dec. 17th, Lion Bijon will act as chef.

Melvin Jones Award Nominations/Dinner/January 16th, 2010: Lion Bruce explained/emphasized the importance of this award and passed out nomination ballots and asked for them to be returned ASAP.

Lion Barbara Abramovitz: Lion President Gary presented a plea for Club financial support in her battle against spinal cancer. M/S/C to send the requested \$250 to the Rancho Cucamonga Community Lions Club on her behalf.

Other Business: none (Fine Free next meeting Lion President Gary)

Program: Theresa Powell/Community Senior Serv. Meals on Wheels, Home Safety, Friendly Visitor and Adult Day Care Programs are provided in Seal Beach for seniors. Theresa needs volunteers to deliver meals, prepare holiday "goodie bags" for lunch guests, coffee, center pieces/table cloths and much more (see flyers).

VII. Dinner: no break

Resume Meeting

Mystery Lion: Lion Gary

Treasure Chest: Lion Bill Howes all LOSERS

C. Tail Twister: Lion George Dooley

IX. Adjourn 8:07 pm

Respectively Submitted: Lion Secretary, Renee Schulte

More information & updates at - <http://SealBeachLions.com>